



## LIGHTNING SPIKES TRACK CLUB PARENT/GUARDIAN LIABILITY WAIVER FORM

**This Liability Waiver Form must be completed, and signed by the parent or guardian for each athlete before participation in any Lightning Spikes Track Club athletic practice, activity, event, or meet.**

FOR AND IN CONSIDERATION OF the mutual promises, covenants, conditions, representations, and warranties contained herein, and for other good and valuable consideration, the receipt and legal sufficiency of which are hereby acknowledged, it is agreed as follows:

The undersigned hereby releases and forever discharges the Lightning Spikes Track Club (LSTC) and all of its Board Members, officers, coaches, and attorneys, from any and all claims, demands, actions, causes of action or suits arising out of any injuries, known or unknown, which have resulted or may in the future result from any LSTC sponsored athletic practice, activity, event or meet.

The undersigned hereby assumes all risk of injury associated with any such athletic practice, activity, event or meet and fully indemnifies and holds harmless the LSTC along with its Board Members, officers, coaches, and attorneys from and against each and every liability, loss, cost, damage, and expense, including attorney's fees, which the LSTC along with its Board Members, officers, coaches, and attorneys may incur as a result of any LSTC sponsored athletic practice, activity, event or meet.

This liability waiver/release applies to the following athlete:

**ATHLETE'S NAME:** \_\_\_\_\_

**First**

**Middle**

**Last**

\_\_\_\_\_  
**Parent/Guardian Name (Print)**

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Date**

**"Chances...Favor...A Prepared Mind"**